

# Joint Health and Wellbeing Strategy 2017 - 2022

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## Research

- Issues from the review of the previous strategy
- Evidence of need, gaps and recommendations for action from the Joint Strategic Needs Assessment 2015
- Performance below the national average or where there could be higher ambition
- Sustainability and Transformation Plan and Better Care Together



## Engagement

- Health and Wellbeing Board Development session with the LGA
- Meetings with individual members of the Health and Wellbeing Board and Joint Health and Wellbeing Strategy Steering Board
- Confirm and challenge session with the Health and Wellbeing Board



## Drafting

- Vision and Board Principles to capture a new way of working
- Health and wellbeing outcomes we want for Leicestershire people
- Priority objectives to be developed further with partners
- Agreed approach to delivery to identify key programmes and gaps

1. The people of Leicestershire are able to take responsibility for their own health and wellbeing;
2. The gap between health outcomes for different people and places has reduced
3. Children and young people in Leicestershire are safe and living in families <sup>ω</sup> where they can achieve their potential and have good health and wellbeing;
4. People plan ahead to age well and stay healthy and older people feel they have a good quality of life;
5. People know how to take care of the mental health and wellbeing of themselves and their family

## **The people of Leicestershire take responsibility for their own health and our communities inspire and enable good choices for all**

### **We will:**

Use our influence to improve the external factors that affect people's health and wellbeing focussing on housing and employment.

Inform and advise people on how to stay well and provide targeted support for those most at risk of poor health and wellbeing

Provide care closer to home and enable local communities to help themselves through strong and vibrant community networks

Recognise, value, involve and support carers of all ages



**The gap between health outcomes for different people and places has reduced**

**We will:**

Improve our understanding of the people with the worst health outcomes and most at risk; who they are and where they are

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Use evidence to improve the targeting of activity to reduce health inequality between people and places based on local need

Work in partnership to improve outcomes for people with disabilities throughout their lives

## **Children and young people in Leicestershire are safe and living in families where they can achieve their potential and have good health and wellbeing**

### **We will:**

Ensure the best start in life for children and their families

Work proactively in partnership to keep children and young people safe and free from harm and sexual exploitation

Support those families identified as most troubled to become self-sufficient and resilient

Children with special educational needs and/or disabilities, and their families receive personalised, integrated care and support to become increasingly independent.

Children in Care experience good physical and mental health



## **People plan ahead to age well and stay healthy and older people feel they have a good quality of life**

### **We will:**

Improve the diagnosis and management of long term conditions

Plan for the ageing population and the needs of the increasing number of frail elderly people

Enable older people to keep safe, well and healthy with independence and connection to their community

Encourage people to plan for the end of their life and support their choices

## **Mental health and wellbeing is given equal priority to physical health and wellbeing throughout the life course**

### **We will:**

Provide positive mental health promotion and improve awareness of risk factors

Improve access to mental health services for all ages

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Increase the early detection and treatment of mental health and wellbeing needs of children and young people with

Improve dementia diagnosis and support



- ❑ Existing Strategy does not cover delivery in detail
- ❑ Performance framework is large and due for review and refocus
- ❑ Opportunity to capture existing joint working against priorities and highlight gaps
- ❑ Provides opportunities for partners outside the Board to see how the issues are being addressed and where they can contribute

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- ❑ How does the work of the Safer Communities Strategy Board contribute to the Health and Well Being Board (and vice versa)?
- ❑ How should we strengthen the collaboration between the two boards?